Golden Pathways SENIOR PLACEMENT & REFERRAL

1095 N ALLEN AVE, STE A, PASADENA CA 91104

www.goldenpathways.com

MOVE-IN DAY

Family Checklist

Your guide to a smooth, supported transition.

1 BRING THESE DOCUMENTS

- ☐ Signed Admission's Agreement
- ☐ Physician's Orders / Medical Clearance
- ☐ Signed LIC 602A Form with TB Test Results
- ☐ Medication List
- ☐ All Meds In Original Pharmacy Bottles
- ☐ Advance Directive / POLST Form
- ☐ Power of Attorney Paperwork
- ☐ Insurance Cards (Medicare, LTC, etc.)
- ☐ Photo ID & Emergency Contacts

2 PACK THE ESSENTIALS

- ☐ Clothing (LABEL EVERY ITEM)
- ☐ Comfortable Shoes With Good Grip
- ☐ Toiletries & Personal Care Items
- ☐ Electric Razor Only (No Blades)
- ☐ Photos of Family & Loved Ones
- ☐ Favorite Blanket or Quilt
- ☐ Visible Clock & Small Lamp
- ☐ Religious or Spiritual Items
- ☐ Music, Books, or Familiar Comforts

★**MEDICATION TIP**

Bring every medication it its original pharmacy-labeled bottle. The community representative must inventory each one. Do not pre-sort pills into daily organizers - the original labels are required.

3 WHEN YOU ARRIVE

- ☐ Check In with Admission Representative
- ☐ Hand All Meds To The Community Representative
- ☐ Walk The Community
- ☐ Confirm Meal & Activity Schedule
- ☐ Get The Wi-Fi Passwords & Access Codes
- ☐ Ask About Visiting Hours & Parking
- ☐ Get The Direct Staff Contact
- ☐ Introduce Your Loved One with Personal Details

4 SET UP THE ROOM

- ☐ Clear Pathways - No Tripping Hazards
- ☐ Photos By The Bed Where They Can Be Seen
- ☐ Favorite Blanket or Quilt On The Bed
- ☐ Clock Placed In A Clear View
- ☐ Toiletries Arranged In The Bathroom
- ☐ Clothing Organized In The Closet (Labeled)
- ☐ Post Family Emergency Contact In The Room

★**THE PERSONAL INTRODUCTION**

When you introduce your loved one to staff, share something personal: 'This is my mom, Rosa. She loves gardening and opera, and takes her coffee with extra cream.' Write a few of these details on a notecard and post in the room.

Need a hand? We are with you every step.

(626) 800-1346